

10 WAYS TO BE SUPER SPORT PARENTS



1
Praise, encourage and support your child in training and games



8
Be proud of your child's achievements



2
Be a positive role model. Be aware of how you act and what you say



9
Do not pressure your child about winning or losing



5
Respect the referees and do not argue with them



6
Support your child to enjoy and have fun with their sport



7
Let your child make decisions in training and games. Promote autonomy



3
Do not instruct during games



10
Don't get angry with your child. Be patient and understanding



4
Support the coaching staff and respect their decisions

